

## Packing List

### Clothes

- T-shirts
- Shorts
- Jacket/Sweater
- Swimsuit
- Closed-toe shoes (required for Rec Party)
- Costume for the Variety Show

### Toiletries

- Soap (for sink and shower)
- Shampoo/conditioner
- Deodorant
- Toothbrush and toothpaste
- Other personal hygiene items

### Towels and Linens

- Bring a beach towel for swimming
- NOTE: Montreat will provide bed linens, pillows, and bath towels.

### Other Items

- Bible (write name & church inside!)
- Pen or pencil
- Sunscreen
- Hat
- Bug repellent
- Flashlight
- Water bottle (a must!)
- Money for mission offering (optional)
- Money for the camp store (optional)
- Hand sanitizer
- Alarm clock or watch (Group Leaders will take up phones)
- Any sensory care items your camper may require

TIP: If packing something that must not get lost or left behind (like a Bible), please write a first & last name on it somewhere!

Adding the city and church name is very helpful too.

## Do Not Bring

- Fireworks, extra shaving cream, water balloons, tobacco products, vapes, illegal drugs, alcohol, firearms—all the usual no-nos. Churches will be held responsible for property damage and/or cleanup costs incurred.
- Students may not bring clothing, hats, flags, posters, or other room decorations that could be seen as divisive, inflammatory, or offensive.
- We ask that all electronics be switched off and put away while at camp to observe our Digital Sabbath rule designed to allow campers to focus on God, camp, relationships, and themselves—not games or music.

## Dress Guidelines

Campers and adults should dress appropriately for the entire week of camp, as defined by the camper's parent/guardian and Church Group Leader. Please consider these guidelines, as it is the group leaders who will monitor their group's clothing:

- No clothing with inappropriate language or advertising is allowed.
- Clothing should not make fun of, belittle, or demean another person or culture.
- Shirts with sleeves & closed-toe tennis shoes are required for Rec Party.
- Bring some clothes that can get dirty at Rec Party and for various games or activities.